

June 2015



Hearing Loss Association of America

North Shore of Long Island Chapter

Meeting Location

Long Island Jewish Hearing & Speech Center is located on the grounds of the Long Island Jewish Medical Center.

Enter the grounds from LAKEVILLE ROAD and it is the first building on your left. Free parking is available behind the hearing and speech building; first entrance to parking lot after building. DO NOT go into the main parking building. Go to the Conference room on the Lower Level 270-05 76th Avenue New Hyde Park, NY 11040.

If you are in doubt as to whether there is a meeting, or if you'd like further information, please call Sal: 516-331-0231.

FYI

Assistive Listening Devices (ALD) are provided at our meetings. Headphones are available in the back. This room is Looped, so those who have hearing aids/cochlear implants can put on their T-coil switch.

Meeting News

Wednesday, June 17, 2015

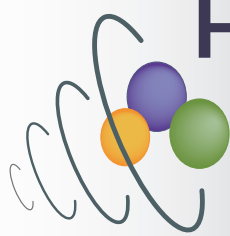
Refreshments and Social Time begins 6:30pm. Meeting begins 7:00pm.

Topic: Tools for Better Hearing

We tend to think of hearing as something that happens in our ears. What we don't often think about is what happens when sound makes its way to the brain. That's where sound acquires meaning. For people with compromised hearing, the brain has to work a little harder in order to fill in the gaps, and this extra effort can take its toll. You may have seen articles lately that have linked untreated hearing loss to dementia, depression, or cognitive decline. Now that science has a better understanding of the brain's role in hearing, there have been a number of tools developed to support the way the brain makes sense of the sounds it receives. Some of these tools are built into hearing aid technology. Others are rehabilitation "games" that are performed on the computer at home, like strength training in the gym. We'll talk about this focus on the brain and show you how you can access these tools yourself.

About our presenter: Dr. Gloria Boms has been a licensed audiologist for over 30 years. She has been in private practice in Great Neck since 1998, and takes pride in the personalized service she provides her patients. She is a Fellow of the American Academy of Audiology, a member of the Academy of Doctors of Audiology, and the owner of an Audigy Certified practice.

There
will be CART
(real-time
captioning)
at our
meetings!



Hearing Loss Association of America

North Shore of Long Island Chapter

Chapter Planning Committee

HLAA North Shore Chapter of L.I.

Sal Sturiale

Charlie Kantor

Rosemarie Mignogna

Trudie Walker

Ruth Wiener

Hilda Drucker

MaryAnn Weeks

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HLAA of North Shore Long Island does not necessarily endorse the opinions of our speakers, goods & services.

Looped

By Sal Sturiale

As many of you may be aware, “Looping” is one of the next big things happening in New York State. For those of you who don’t know about Looping and what it is, here we go:

If you have hearing aids or a Cochlear Implant, almost all are made with the capability of using a Loop or a T switch for your phone or Bluetooth device. You may not know it, but many Audiologists will not activate the T switch in your hearing aids because they think they are not necessary, or that you won’t have the ability to activate or understand how to use it.

Don’t let them do that to you. If you have ever joined us for one of our meetings at LIJ Hearing and Speech Center, you may have or could have experienced what a great hearing experience Looping is. Having a T switch in your hearing aid allows you hear without any outside sound to distort what you want to listen to. The sound goes directly into your hearing aid or Cochlear Implant and you hear only the sound source.

Looping can be done in your own home - for your TV, stereo, phone and so on. There are also many add-on devices your Audiologist can help you with to hear better in all your daily activities.

If you are a reader of this column then you know I go to museums, theater, concerts, lectures—and the only reason I’m able to enjoy these activities is because of Looping and the T-switches in my hearing aids.

This is not rocket science. It’s already here and ready to use. My quality of life would be cut in half if not for Looping and the T switch installed in my hearing aids.

Come to our meetings for the information you need to make your hearing more effective, and to enrich your life.

10th Anniversary Walk4Hearing



This year, the Walk4Hearing celebrates 10 years of Walking for hearing loss awareness. Since 2006, the Walk4Hearing has raised more than \$7.7 million and has become the largest walk for hearing taking place in cities across the United States.

Join us and walk together to make this our best year yet!
Donate and help us reach our 2015 fundraising goal of \$1.4 million

View our team page, the “North Shore Sandals”: <http://bit.ly/1NMUg4v>

Join our team: <http://bit.ly/1NMUcBT>

Donate to our team: <http://hearingloss-longisland.org/donate/>

For more information: <http://hlaa.convio.net>

New York City Disability Pride Parade



Sunday, July 12th

Parade Formation: 10 AM

Parade Start: Noon

Begins at: Madison Square Park
(intersection of Fifth Avenue and
Broadway at 23rd Street)

Route: Madison Square Park, traveling
down Broadway to Union Square Park

The ADA 25 NYC Disability Pride Parade
celebrates 25 years of the Americans with

Disabilities Act. Show your sense of unity and spirit, hear speakers honor great work and
great leaders, and show the self-esteem and power of our community.

For more information, visit disabilitypridenyc.com

May Meeting Recap

By Claudia Block

Our May 2015 meeting was informative and a great deal of fun as well. At our May 20 meeting, we were treated to a visit by the Northeastern/Long Island Chapter of Canine Companions for independence. Canine Companions is a national non profit group that raises, trains and provides companionship and service dogs for children, teens and adults with disabilities. They are the largest non-profit provider of assistance dogs for people in need. Their mission belief is that with excellent training and great matches, service dogs can help enhance and improve the quality of life for those with disabilities. Since 1975 this wonderful organization has provided thousands of service dogs to people with all types of disabilities, excluding blindness. They provide 4 types of dogs including companion dogs, service dogs, hearing dogs and facility dogs. We learned that each designated group provides a different level of assistance, with the same goal for having trained canines truly serve and accompany those in need of their services.

At our meeting were 2 dogs; one companion dog belonging to a young man named Brian. The other dog visiting was still in training, living on loan with a “puppy raiser.” Brian presented his along with companion dog Ozzie and his parents, Bill and Louise. Ozzie is Brian’s constant companion; serving as a helper and companion for him. Ozzie keeps Brian company and helps him with some basic tasks that Brian could not do on his own. Ozzie also serves to comfort Brian through bad dreams and helps him to socialize with others. Ozzie helps to pick up things from the floor that Brian cannot reach due to his disability. Watching Brian and Ozzie together was a great thing to see—the bond between the 2 was certainly an emotional thing to watch. Brian talked to us from his heart about his companion dog and the effect that Ozzie has had in his life. We were all moved by his presentation.

Brian’s parents, Bill and Louise explained to us how the process works. It begins with the breeding program where volunteer caretakers provide homes for the dogs and whelp the puppies, returning those selected to the national headquarters in California at age eight weeks for additional observation and training. Those selected then go to homes of volunteer “puppy raisers” for months while the puppies learn basic commands in the home. At fifteen-eighteen months the puppies return to one of five Canine Companions Regional Training Centers across the country for six months of specialized training to be trained as one of the 4 categories of service dogs. Dogs are trained to be service dogs assisting their owners with performing activities of daily living, skilled companion dogs that provide assistance and companionship to their owners, like Ozzie, hearing dogs that serve as “ears” for people with hearing disabilities and facility dogs that work with schools, agencies and even the courts. Our members asked thoughtful questions about hearing dogs and the process to obtain one. If someone is interested in getting one of these dogs, the process begins with an application and an interview. If accepted, the client spends 2 weeks with the dog getting intensive training at one of the Canine Companion Regional Centers.

Continued on Page 5

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Additional Location

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Continued from page 4

Along with Brian, Bill and Louise were another dog and her “temporary” trainer. This enthusiastic volunteer explained how she lives with the dog, training with basic commands. Once house and people trained, she has to return the dog to the Regional Center, where he will be further trained and matched to an owner. She said that although it is hard to give the puppy back, it is an extremely giving and rewarding experience to give someone the gift of freedom and independence. She talked about what a wonderful gift it is to give back to someone in need and how much fulfillment it gives her. She was so moving in her description that it made me want to learn more about this part of the process. In July I hope to go to one of the meetings they have at the headquarters in Medford to see how I can get involved with this wonderful organization.

This was another great, informative meeting. Some members were interested in obtaining a hearing dog. Once again, many of us heard something new and we were all able to walk away with hearing something of interest!

Revolutionary Treatments For Hearing Loss

By FoxNews.com

Hearing loss is an epidemic in the U.S., with over 40 million sufferers. Two of the major causes are age-related and noise-related. With aging baby boomers and young people cranking up their headphones, the problem is only getting worse. Cochlear implants to the inner ear were one step forward, but overall the mainstay of treatment remains hearing aides.

Hearing is an intricate process: Sound travels down the ear canal, vibrates the eardrum, makes its way to the cochlea and its tiny hair cells, which vibrate and send signals to the brain.

The tiny hair cells are a key to hearing but are fragile, and in humans, once they die they don't regenerate. Dr. Lawrence Lustig, a national expert on hearing loss and head of otolaryngology at Columbia University said in an interview that loud sounds are "like a tsunami coming into the inner ear and that causes those hair cells to die and if there's no hair cells the nerve is no longer being stimulated and you can't hear."

Dr. Lloyd Klickstein, head of translational medicine at Novartis, said in an interview that other species are able to regenerate hair cells.

Read more: <http://fxn.ws/1zvhnk2>

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We Welcome All Donations

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Mail to: Sal Sturiale
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Queens Village, N.Y. 11427

Be sure to designate who to acknowledge for your donation. For example: "this donation is: In Memory of; or In Honor of; or Happy Birthday; or Congratulations to..."

And please let us know who to send the acknowledgment to.

Thank you!

Support Group for Parents of Hearing Impaired Children

Meets at the Hearing and Speech Center of LIJ Hospital

For more information:
Contact Dr. Linda Glazer at
(718) 470-8631 or e-mail
lglaizer@nshs.edu



North Shore of Long Island Chapter
<http://hearingloss-longisland.org>

Sal Sturiale
80-38 212 Street
Hollis Hills, NY 11427

RETURN SERVICE REQUESTED

Membership Dues

Stay abreast of pertinent news and information. Send in your dues today.

Dues include Newsletter.

Make check to:

HLAA of North Shore Long Island

Dues: \$15.00 (for the year)

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